



BY THE GOVERNOR OF THE STATE OF GEORGIA

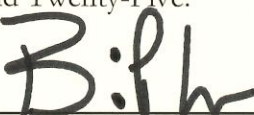
A PROCLAMATION

POSTPARTUM MATERNAL MENTAL HEALTH AWARENESS DAY

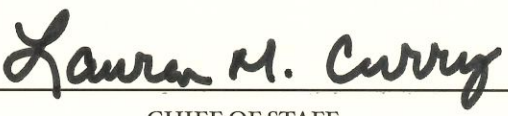
- WHEREAS:** Postpartum maternal mental health challenges, including Postpartum Maternal Depression, represent serious and potentially life-threatening conditions that extend beyond mood disorders, deeply affecting the physical, emotional, and psychological well-being of mothers across Georgia; and
- WHEREAS:** The severity of these conditions can manifest in ways that include persistent sadness, overwhelming anxiety, debilitating fatigue, disconnection from one's child, feelings of hopelessness, and in extreme cases, thoughts of self-harm or harm to others, underscoring the urgent need for understanding and intervention; and
- WHEREAS:** Untreated postpartum mental health conditions can have profound impacts not only on mothers but also on infants, families, and entire communities, potentially affecting early bonding, child development, and overall household stability; and
- WHEREAS:** In Georgia, many mothers face difficulties, including stigma, lack of information about available resources, and limited access to mental health services, leaving them isolated or without crucial support; and
- WHEREAS:** Evidence-based treatments, including therapy, counseling, medical care, and community-based peer support, can save lives, promote recovery, and improve outcomes for mothers and families when delivered in a timely and compassionate manner; and
- WHEREAS:** Fostering a statewide awareness and empathy through public education, professional training, and targeted outreach is essential to reducing stigma, promoting early diagnosis, and ensuring that all mothers in Georgia have access to the comprehensive care they deserve; now
- THEREFORE:** I, BRIAN P. KEMP, Governor of the State of Georgia, do hereby proclaim May 2nd, 2025, as POSTPARTUM MATERNAL MENTAL HEALTH AWARENESS DAY in Georgia.

In witness thereof, I have hereunto set my hand and caused the Seal of the Executive Department to be affixed this 5th day of March in the year of our Lord, Two Thousand and Twenty-Five.




GOVERNOR

ATTEST


CHIEF OF STAFF