



BY THE GOVERNOR OF THE STATE OF GEORGIA.

## A PROCLAMATION

### NUTRITION MONTH

- WHEREAS:** Food is the substance by which life is sustained. The type, quality, and amount of food that individuals consume each day plays a vital role in their overall health; and
- WHEREAS:** There is a need for continuing nutrition education and a wide scale effort to enhance healthy eating practices. National Nutrition Month is an annual nutrition education and information campaign created by the Academy of Nutrition and Dietetics; and
- WHEREAS:** Nutrition Month provides an opportunity for Georgia to pursue the possibility of a world where all people thrive through the transformative power of food and nutrition and to recognize the efforts being made across the state, by focusing attention on the importance of making informed food choices and developing sound eating and physical activity habits; and
- WHEREAS:** The State of Georgia provides a variety of Nutrition Health services to its citizens through the Department of Public Health- Division of Health Promotion, local health districts, and county health departments that offer Nutrition Education services, increasing the demand of providing options for achieving healthy eating lifestyles, enabling citizens to make informed food choices, and creating public and private partnerships to share responsibility for actions; and
- WHEREAS:** Georgia encourages all citizens to be aware of their nutrition and the nutrition of others in the hope of achieving optimum health for our bodies both today and tomorrow; now
- THEREFORE:** I, BRIAN P. KEMP, Governor of the State of Georgia, do hereby proclaim March 2023, as NUTRITION MONTH in Georgia.

In witness thereof, I have hereunto set my hand and caused the Seal of the Executive Department to be affixed this 23<sup>rd</sup> day of February in the year of our Lord, Two Thousand and Twenty-Three.



*B. P. Kemp*

GOVERNOR

ATTEST

*Mantua Kipertovich*

CHIEF OF STAFF